

BLG Newsletter for Week of Aug. 24, 2026

Thank You - to those who brought various tomatoes from home gardens for tasting

- and to Dorothy who gleaned some corn Saturday and left some in the gazebo to share with us

Painting South Wall of Clubhouse – Thanks to Chris U. who is planning to do this job on Wednesday, weather permitting.

Harvest News – About our **peppers**...Lisa says we are, “Actually likely to have a few lipsticks in the greenhouse soon. And I think I spotted the start of something orange the other day.”

Lisa also says “the Yellow Banana Peppers we have in the greenhouse this year are hotter than the ones we usually grow. Why? I brought these in because all of our Sweet Yellow Banana Pepper transplants were sold!”

Lisa brought us a lot of **broad beans** grown by FoodShare at the farm. Our Saturday “Leaders-in-Training” kids shucked them all and they were bagged up for the harvest table, where they disappeared fast. Broad beans, Lisa points out, contain 26% protein! She suggests if you are reluctant to eat as a stand-alone vegetable, you could use them in a dip: <https://www.womensweeklyfood.com.au/recipe/gluten-free/broad-bean-and-ricotta-dip-12591/>

..or make them into a fritter/burger/patty. Lots of recipes if you search. One here: <https://www.womensweeklyfood.com.au/recipe/dinner/broad-bean-patties-with-minted-yoghurt-9986/>

Potluck Lunch – last Wednesday was, as usual, very enjoyable. Here is the link to a recipe for Italian Caponata which was Eric’s very tasty contribution:

<https://www.timescolonist.com/life/food-and-drink/eric-akis-local-produce-shines-in-italian-caponata-12662048>

Among other currently seasonal vegies, this recipe stars eggplant.

Tomato Tasting Day – last Wednesday was well received. Thanks to Chris U. for this colourful shot:



Dates to Remember –

Monday, Sept. 7 – Labour Day – Monday workparty will be cancelled

Wed., Sept. 9 – Pepper-Tasting Day

Wednesday, September 16 – next potluck lunch

Sunday, Sept. 27 – Salt Spring Apple Fest – **Sign-up for this possible BLG “field-trip” is on clubhouse table or email Pat and Lisa, if interested. There is room on sign-up to indicate whether you would prefer to be a driver or a passenger, and if “Driver”, it would be helpful to indicate how many passengers you could take. Fare for car would be shared among passengers.**

Here is link telling about this event: <http://saltspringapplefestival.org/>